



Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Pork Meatballs in Gray Sauce & Pasta Spirals	Fish Portion Nuggets	Roast Gammon	Pork Pie	Chicken Goujons
Vegetables & Salad	Seasonal vegetables and a selection of homemade salads Fresh bread				
Daily	An alternative choice is jacket potatoes, choice of tuna/cheese . (One day's notice please)				
SweetChoice	Brownie	Iced Sponge With Custard	Rice Pudding	Artic Roll	Biscuit & Juice
	Fresh fruit and yoghurt is available every day fresh water to drink				

Monday Meat/Wheat/Eggs/Dairy
 Tuesday Fish/Wheat/Wheat Protein/Milk/Eggs
 Wednesday Meat/Milk
 Thursday Wheat Flour/Meat/Egg/Milk
 Friday: Gluten/Soya/Wheat



Week 2 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Chicken Korma	Sausage	Roast Beef & Yorkshire Pudding	Cheese + Tomato Wrap & Pasta	Chicken Nuggets
Vegetables & Salad	Seasonal vegetables and a selection of homemade salads, fresh bread				
Daily	An alternative choice is jacket potatoes, vegetable bake or pasta can be ordered in advance. (One day's notice please)				
SweetChoice	Ice Cream	Fruit Jelly	Chocolate Cake	Iced Sponge & Custard	Biscuit
	Fresh fruit and yoghurt is available every day - Fresh water to drink				

Monday Milk
 Tuesday Meat/Jelly NOT suitable for Vegetarians
 Wednesday Meat/Milk/Eggs/Wheat
 Thursday Dairy/Wheat/Egg/Milk
 Friday: Fish/Wheat



Week 3 Menu

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main meal</i>	<i>Sausage Roll & Pasta</i>	<i>Tuna Melt Pasta</i>	<i>Roast Turkey, Stuffing</i>	<i>Lasagne & Garlic Bread</i>	<i>Pizza</i>
<i>Vegetables & Salad</i>	<i>Seasonal vegetables and a selection of homemade salads Fresh bread</i>				
<i>Daily</i>	<i>An alternative choice is jacket potatoes, vegetable bake or pasta can be ordered in advance. (One day's notice please)</i>				
<i>SweetChoice</i>	<i>Sponge & Custard</i>	<i>Cheesecake</i>	<i>Chocolate Crunch</i>	<i>Iced Sponge & Custard</i>	<i>Shortbread Biscuit</i>
	<i>Fresh fruit and yoghurt is available every day - Fresh water to drink</i>				

Monday Fish/Wheat/Eggs/Dairy
 Tuesday Meat/Dairy/Wheat
 Wednesday Meat/Wheat
 Thursday Fish/Wheat/Eggs/Dairy
 Friday: Wheat/Dairy



<i>What's for lunch this week?</i>	
<i>WEEK ENDING:-</i>	
<i>10/9</i>	<i>Week 1</i>
<i>17/9</i>	<i>Week 2</i>
<i>24/9</i>	<i>Week 3</i>
<i>1/10</i>	<i>Week 1</i>
<i>7/10</i>	<i>Week 2</i>
<i>14/10</i>	<i>Week 3</i>
<i>21/10</i>	<i>Week 1</i>
<i>28/1</i>	<i>Week 2</i>
<i>30/10</i>	<i>Half term</i>
<i>5/11</i>	<i>Week 1</i>
<i>12/11</i>	<i>Week 2</i>
<i>19/11</i>	<i>Week 3</i>
<i>26/11</i>	<i>Week 1</i>
<i>3/12</i>	<i>Week 2</i>
<i>10/12</i>	<i>Week 3</i>
<i>17/12</i>	<i>Week 1</i>
<i>24/12 & 31/12</i>	<i>Christmas Break</i>



7/1	<i>Week 1</i>
14/1	<i>Week 2</i>
21/1	<i>Week 3</i>
28/1	<i>Week 1</i>
4/2	<i>Week 2</i>
11/2	<i>Week 3</i>
18/2	<i>Week 1</i>
25/2	<i>Half term</i>
4/3	<i>Week 2</i>
11/3	<i>Week 3</i>
18/3	<i>Week 1</i>
25/3	<i>Week 2</i>
31/3	<i>Week 3</i>
7/4	<i>Easter Break</i>
14/4	<i>Easter Break</i>
21/4	<i>Week 1</i>
28/4	<i>Week 2</i>
5/5	<i>Week 3</i>
12/5	<i>Week 1</i>



19/5	Week 2
26/5	Week 3
2/6	Half term
9/6	Week 1
16/6	Week 2
23/6	Week 3
30/6	Week 1
7/7	Week 2
14/7	Week 3
21/7	Week 1
SUMMER HOLIDAYS	

Menu items subject to change

We will start on **week 1** following a holiday

All items are subject to change

FUEL FOR LIFE

